**ENDORSED BY** 



World Society of **Pain Clinicians** 



# **1<sup>ST</sup> INTERNATIONAL CONFERENCE ON REGIONAL ANESTHESIA, PAIN AND REGENERATIVE MEDICINE**

May 31 - June 2, 2024 **Q** Marriott Hotel Downtown, Abu Dhabi, UAE

May 31, 2024 **Pre-Event Workshop** 10:00 am - 8:00 pm



Dr. Amar Salti Conference Chairman WSPC President Consultant Anesthesia and **Interventional Pain Medicine** Abu Dhabi, UAE

## WELCOME MESSAGE

Dear Colleagues and Friends,

On behalf of the Organizing Committee of the 1st International Conference on Regional Anesthesia, Pain and Regenerative Medicine, I am delighted to invite you to participate the meeting in Marriott Hotel Downtown, Abu Dhabi, UAE on May 31 - June 02, 2024.

The conference aims to provide an international forum for reporting advances in pain medicine and to unite clinicians and healthcare givers with a common interest in treating pain.

This is a 3-day event wherein delegates will have chance to work with the experts in the pre-event workshop, with hands-on and rotation activities on May 31, 2024, from 10am to 8pm. The next two-day scientific program will cover nearly all areas of interventional pain treatment with emphasis on recent advances in new technologies and mainly regenerative medicine bridging the latest research and innovations to modern clinical practice, featuring plenary lectures, symposia, workshops and poster presentations, as well as commercial exhibitions and various social events.

Global consumption of opioid analgesics for the treatment of moderate to severe pain has more than doubled over the past decade, however, the prescription of these drugs calls on concerns if used in chronic pain conditions as it may cause serious side effects and addiction. Therefore, interventional treatment of pain has to be considered as a first option to manage pain.

Abu Dhabi, as a vibrating modern city at the crossroads of three continents - Europe, Asia and Africa, will provide the attractive setting for the conference. The conference venue itself is in the heart of the city. It will give you a good opportunity to experience the traditional and modern culture with a relaxing and informative stay. Congress delegates can enjoy a stress-free environment with sunshine, pristine beaches and turquoise waters and thrilling activities in the desert!

We are looking forward to seeing you in Abu Dhabi.



### Target Audience 🖕

The scientific program provides educational activities to physicians, residents, fellows, scientists and to the multidisciplinary team of pain management specialists of neurologists, neurosurgeon, orthopedists, rheumatologists, physiatrists, anesthesiologists, rehabilitation specialist, including nurses, physical medicine and members of the interventional radiologists.

It also offers learning opportunities to other healthcare professionals not directly engaging in interventional regional anesthesia and/or pain medicine procedures.

# • Topic Highlights

- Regenerative Medicine
- Clinical Indications of Regenerative Medicine
- Clinical Application of Regenerative Medicine
- Acupuncture and Acupressure Regenerative Medicine
- Basic Science of Pain Regenerative Medicine
- Cancer Pain
- Complex Regional Pain Syndrome
- Epiduroscopy and Epidural Adhesiolysis
- Fibromyalgia
- Headache
- Interventional Intradiscal Treatment
- Musculoskeletal and Joint Pain
- Myofacial Pain
- Neuronal Blockade Regenerative Anesthesia
- Neuropathic Pain

- Nociceptive Pain
- Opioids for Cancer and Non-cancer Pain
- Osteoporoses and Kyphoplasty
- Pain Imaging
- Pain Management in Palliative Care
- Pharmacological Treatment
- Post-herpetic Neuralgia
- Postoperative Pain Management
- Radiofrequency and Pulsed Radiofrequency Technique
- Rehabilitation Somatic Pain
- Spinal Cord Stimulation
- Spinal Cord Injury Pain
- Topical and Transdermal Treatment for Chronic Pain
- Traditional Medicine and Pain
- Trigeminal Neuralgia and Facial Pain



Conference with Workshop (Only for the First 50 Registrants)

Conference Only

CLICK HERE TO REGISTER 📎

CLICK HERE TO REGISTER (»

Note: Registration for Workshop only is not available



For more information, please contact: Ibrahim Villaruel Event Coordinator +971 58 553 2887 e.villaruel@pems.me





MANAGED BY:

PEARL EVENT MANAGEMENT SEDVICES





# FACULTY



1<sup>ST</sup> INTERNATIONAL CONFERENCE ON REGIONAL ANESTHESIA, PAIN AND REGENERATIVE MEDICINE

#### **Prof. Sudhir Diwan**

Executive Director Manhattan Spine and Pain Medicine New York, USA



### Dr. Amar Salti

Conference Chairman WSPC President Consultant Anesthesia and Interventional Pain Medicine Abu Dhabi, UAE



### Dr. Annu Navani

Chief Medical Officer, Boomerang Healthcare Medical Director, Le Reve Regenerative Center Adjunct Clinical Associate Professor, Division of Pain, Stanford University School of Medicine California, USA



### Dr. Jen-Li Pan

Physical Medicine and Rehabilitation, Taipei Medical University Hospital, Taiwan



### Dr. Shahzad Anwar

Interventional Spine and Pain Physician, President of Society for Interventional Pain Medicine Lahore, Pakistan



### Prof. Abeer Ahmed Mohamed Sherif

Professor of Interventional Pain, Regenerative Medicine and Anedthesia, NMC Royal Hospital Khalifa City, UAE



#### **Dr. Abdallah Al Kharabsheh** Pain Medicine Specialist International Interventional Pain

International Interventional Pain Management Center Amman, Jordan



### Dr. Abdulmajeed Hammadi

Consultant Clinical Hematologist American Board of Regenerative Medicine Head of Regenerative Medicine Section Al Zaitoon Hospital, Baghdad, Iraq



**Dr. Ahmed Taha** Consultant Anesthesiologist Reem Hospital, Abu Dhabi, UAE



### Prof. Angelo Luigi Vescovi

Director of Research Hospital IRCC Casa Sollievo della Sofferenza, Italy Abu Dhabi Stem Cell Center



**Dr. Arun Bhaskar** Consultant Pain Management Charing Cross Hospital London, UK



### Dr. Clara Lobo

Anesthesiology Consultant Cleveland Clinic Abu Dhabi, Abu Dhabi, UAE



**Dr. Fadi Kaddoura** Consultant in Anesthesia and Pain Medicine Sheikh Shakhbout Medical City, Abu Dhabi, UAE



Dr. Khalil Jumaah Kareem

Pain Consultant, Specialist Anesthesia Regenerative Clinic, Iraq

# FACULTY



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Dr. Mohamed El Toukhy

Consultant Pain Management Kings College, Dubai, UAE



**Dr. Mohamed Ibrahim** 

Consultant Pain Management Burjeel Hospital, Abu Dhabi, UAE



**Dr. Moudar Choucker** Consultant Anesthesia and Pain Medicine Harley Street Hospital, Abu Dhabi, UAE



### Dr. Rafael Blanco

Consultant Pain Management Corniche Hospital, Abu Dhabi, UAE



**Dr. Reda Tolba** Clinical Professor of Anesthesiology, USA Consultant Pain Management Cleveland Clinic Abu Dhabi, UAE



### Dr. Sheelaj Sharma

Consultant Anaesthetist, Mediclinic Middle East, Abu Dhabi, UAE



**Dr. Tolga Ergönenç** Founder and Head of The Akyazı Pain Center & Traditional and Complementary Medicine Unit Sakarya Education and Research Hospital, Sakarya, Turkey



### Dr. Tony Ng

Specialist Anaesthetist and Pain Medicine Physician, Frankston Pain Management, Melbourne, Australia Honorary Clinical Associate Professor, Department of Anaesthesiology, The University of Hong Kong



Consultant in the Anesthesia and Pain Management Department Sheikh Shakhbout Medical City Abu Dhabi, UAE

Hospital, Sakarya, Turkey **Dr. Waleed Riad** Consultant Pain Medicine & Anesthesia,

Adjunct Professor, Khalifa University

Danat Al Emarat Hospital

Abu Dhabi, UAE





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# **SCIENTIFIC AGENDA**

### May 31, 2024 Friday | Pre-Event Workshop

10:00 am	Onsite Registration	
10:30 am	Welcome Note Workshop Committee	
	Sessions: Rotation Workshop US &	RA
From 1	1:00 am - 6:00pm with Prayer Break from 1:00 pm -	2:00 pm after 4 Rotations
	Station 1: (Ultrasound) Lumbar Spine	Dr. Amar Salti
	Station 2: (Ultrasound) Shoulder	Dr. Abdallah Al Kharabsheh
	Station 3: (Ultrasound) Elbow & Wrist	Dr. Moudar Choucker
Rotation	Station 4: (Ultrasound) Hip	Dr. Mohammad Ibrahim
Every	Station 5: (Ultrasound) For Painful Knee	Dr. Tolga Ergönenç
30 minutes	Station 6: (Ultrasound) Knee for RA	Dr. Yara Al Jalbout
	Station 7: (Ultrasound) Cervical Spine	Dr. Waleed Riad
	Station 8: (Ultrasound) Cervical Sympathetic Chain	Dr. Tony Ng
	Station 9: (Ultrasound) Upper Limb	Dr. Ahmed Taha
	Station 10: (Ultrasound) Lower Limb	Prof. Abeer Ahmed Mohamed Sherif
7:00 pm	End of Meeting and Closing Remarks	
7:15 pm	Dinner	

# **SCIENTIFIC AGENDA**



### Day 1: June 1, 2024 Saturday

### 7:00 am **Onsite Registration** 8:15 am Welcome Note **Chairman of Congress & Congress Committee Session 1: Regional Anesthesia 1 Moderator: Dr. Waleed Riad** 8:30 am **Regional Anesthesia Beyond Borders** Dr. Fadi Kaddoura (UAE) 8:55 am The Role of Regional Anesthesia in Enhanced Recovery Protocols Dr. Clara Lobo (UAE) 9:20 am Motor Sparing Nerve Blocks of Upper Limb Surgery Dr. Ahmed Taha (UAE) **Ouestion & Answer** 9:45 am **Coffee Break** 10:00 am

### Session 2: Regional Anethesia 2

#### Moderator: Dr. Clara Lobo

10:30 am	Update on RA for Lower Limb Surgery Dr. Yara Al Jalbout (UAE)
10:55 am	Update on Fascial Plane Blocks from the Pioneer <b>Dr. Rafael Blanco (UAE)</b>
11:20 am	Fascial Plane Blocks: ESPB: What Works and What Does Not? Dr. Sheelaj Sharma (UAE)
11:45 am	Question & Answer
12:00 pm	Lunch & Prayer
12:45 pm	State of the Art in Cancer Pain Treatment Sponsored Talk by Newbridge (Non CME Accredited) Dr. Amar Salti (UAE)

**SCIENTIFIC AGENDA** 



Session 3: Regenerative Medicine 1 Moderator: Dr. Amar Salti	
1:30 pm	Regenerative Medicine: The Future Prof. Sudhir Diwan (USA)
1:55 pm	Indications of Regenerative Medicine and More <b>Dr. Annu Navani (USA)</b>
2:20 pm	International Exposure to Regenerative Medicine Dr. Shahzad Anwar (Pakistan)
2:45 pm	Blurring the Boundaries Between Biologics and Technology: 2024 and Beyond <b>Dr. Annu Navani (USA)</b>
3:10 pm	Question & Answer
3:15 pm	Coffee Break
Session 4: Regenerative Medicine 2 Moderator: Dr. Arun Bhaskar	

3:30 pm	Neural Stem Cells: Successful Clinical Trial in Multiple Sclerosis and ALS.
	Perspectives at Abu Dhabi Stem Cell Center
	Prof. Angelo Luigi Vescovi (UAE)

- 3:55 pm Regenerative Medicine and Spine Pain **Prof. Sudhir Diwan (USA)**
- 4:20 pm 3D R2C Strategy: How Pain Interventionists Use 3D Regenerate -Release Coupling Approaches in Pain Management **Dr. Jen-Li Pan (Taiwan)**
- 4:45 pm Best Options for Low Back Pain: BVN Ablation, Regenerative Medicine? **Prof. Sudhir Diwan (USA)**
- 5:10 pm Question & Answer
- 6:00 pm Welcome Reception Gala Dinner

# **SCIENTIFIC AGENDA**



### Day 2: June 2, 2024 Sunday

8:00 am Onsite Registration

Sess	Session 5: Regenerative Medicine 3 Moderator: Dr. Tolga Ergönenç	
8:30 am	Update on Dextrose Prolotherapy Dr. Tony Ng (Australia)	
9:00 am	Collaborative Work & Regional Experience on Regenerative Medicine Dr. Abdulmajeed Hammadi & Dr. Khalil Jumaah Kareem (Iraq)	
9:30 am	Peripheral Blood Derived VSEL Stem Cells, Expanded Indications Dr. Shahzad Anwar (Pakistan)	
9:55 am	Question & Answer	
10:05 am	Coffee Break	

#### Session 6: Pain 1

Moderator: Dr. Mohammad Ibrahim

- 10:30 am Chemical Neurolysis for Peripheral Joints Dr. Tony Ng (Australia)
- 10:55 am Update on Cancer Procedures **Dr. Arun Bhaskar (UK)**
- 11:20 am RFA vs Cryo Neurolysis: Recent Advances **Dr. Reda Tolba (UAE)**
- 11:45 am Question & Answer
- 12:00 pm Lunch & Prayer

# **SCIENTIFIC AGENDA** -



Chemical Neurolysis for Hip & Knee Joints <b>Dr. Tony Ng (Australia)</b>	
Question & Answer	
Coffee Break	
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Update on Joints Denervation <b>Dr. Arun Bhaskar (UK)</b>	

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